# Bournemouth University

| UNIT SPECIFICATION | | | |
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| **Unit title** | **PROFESSIONAL PRACTICE – MENTAL HEALTH** | | |
| **Level** | Level 6 | **Credit value** | 40 (20 ECTS) |
| **Is this a common unit?** | No | **Expected contact hours for unit** | 15 |

**Pre and co-requisites**
None

**Aims**
This unit aims to enable students to provide evidence that they have consistently and competently demonstrated capability in their professional practice from the point of qualification to the present time. It will also provide a foundation for further professional development within their chosen context.

**Intended learning outcomes (ILOs)**
Having completed this unit the student is expected to:

1. Consistently demonstrate the professional skills relevant to their role by providing evidence to meet the Professional Capabilities Framework at the appropriate level, or other relevant occupational/professional standards/requirements, through direct work with users of services and their carers.
2. Critically evaluate the effectiveness of their practice and professional judgments, using reflection and analysis.
3. Critically review the theoretical frameworks, research and policy, legal and ethical contexts relevant to their Mental Health practice.

**Learning and teaching methods**
This is a portfolio based unit in which students are required to reflect on aspects of their practice and provide evidence that they have demonstrated professional competence and judgement within their practice context. The Unit is largely self-managed with support provided to students via workshops. Workshop support is primarily focussed on the further development of skills required for critically reflective practice and self-managed learning

The taught component uses a variety of methods building on students' professional experience, skills and knowledge. Learning and teaching methods include lectures, discussion groups, reflection on practice and guided independent study. Unit guides and specific reading materials will be designed to enable students to continue in the professional development of their existing knowledge base and maximise opportunities to advance their professional practice. Core text, and encouragement to read widely, will also provide foundation knowledge for students to analyse and advance their professional practice. Bournemouth University's online learning resources will be used for student learning and support.

**Assessment**

**Formative assessment/feedback**
Students will be asked to draft a plan for the substantive assignment. Oral formative feedback will be given during the second workshop. . Students with individual/ additional needs will be encouraged to contact the unit lead via e-mail to arrange a 1 to1 meeting / telephone call.

| Summative assessment | Indicative assessment |
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| ILOs 1-3 will be assessed by 100% course work | Coursework equivalent to 6,000 words. Students will be expected to provide evidence to demonstrate meeting all domains of the professional |

|  | standards as well as being able to critically evaluate personal and/ or current organisational practice. A combination of all or a few of the following will be required: reflective reports, assessor reports, observations of practice . |
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**Indicative unit content**
- Values, ethics and standards for social work
- Study and research skills
- Reflective practice
- Criticality in professional practice
- Reading relevant to own area of specialist professional practice
- Critical reflection on practice experience

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**Indicative learning resources**

Aveyard, H. Sharp, P. and Woolliams, M. 2015. A Beginner's Guide to Critical Thinking and Writing in Health and Social Care. 2nd Ed. Berks: OUP

Bailey, D & Liyanage, L, 2011 The Role of the Mental Health Social Worker: Political Pawns in the Reconfiguration of Adult Health and Social Care. In British Journal of Social Work (2012) 42, 1113-1131

Barcham, C, 2012 The pocketbook Guide to Mental Health Act Assessments. Open University Press

Barnes, M & Bowl, R, 2001 Taking over the Asylum: Palgrave Macmillan

Bartlett, P & Sandland, R , Mental Health Law, policy and Practice. 4th edition, 2014 Oxford University Press

Bentall, R. 2003 Madness Explained. Penguin

Bogg, D, 2010 Values and ethics in Mental Health Practice. Exeter. Learning Matters

Bracken, P et al, 2012 Psychiatry beyond the Current Paradigm. In British Journal of Psychiatry, 2012, Dec 201 (6)

Brown, Barber and Martin. 2009 The Mental Capacity Act 2005. Sage

Burns, T, 2013 Our Necessary Shadow: The Nature and Meaning of Psychiatry. Allen Lane.

CQC 2015 Monitoring the use of the MHA in 2013-2014 Published February 2015 - available on CQC website. WWW.cqc.org.uk.

CQC 2015 Right Here, Right Now. Peoples experiences of help, care and support during a mental health crisis. Available on CQC website.

CQC 2015 Deprivation of Liberty Safeguards 2013/2014. Published 23rd January 2015. Available on CQC website.

Department of Health, 2015 Future in Mind. Promoting, protecting and improving our children and Young people's mental health and wellbeing. Published 17 March 2015. https://www.gov.uk/government/publications/improving-mental-health-services-for-young-people

Department of Health, 2014 Closing the gap: priorities for essential change in mental health. January 2014. www.gov.uk/government/publications/mental-health-priorities-for-change.

Glasby, J & Tew, J, 2015 Mental health policy and Practice. Third edition. London. Palgrave Macmillan

Department of Health 2011. No Health Without Mental Health. A cross Government mental health outcomes strategy for people of all ages.

Department of Health 2005. Delivering Race Equality in mental health care: A summary: DH

Fernando, 2010 Mental Health Race and culture. 3rd Edition. Basingstoke. Palgrave Macmillan.

Fook, J& Gardner, F. 2006 Practising Critical Reflection: A Resource Handbook McGraw Hill

Gray M. and Webb S. (eds) 2013. The New Politics of Social Work. London: Palgrave

Healey, K. 2014. Social Work Theories in Context: Creating Frameworks for Practice. 2nd Ed. London: Macmillan

Home Affairs Select Committee Report 2015. Policing and Mental Health. Published 3 Feb 2015.
http://www.publications.parliament.uk/pa/cm201415/cmselect/cmhaff/202/20202.htm

Harbour, A 2008. Children with Mental Disorder and the Law: A Guide to law and practice. London. Jessica Kingsley.

Hothersall, S & Maas-Lowit, M (eds) 2010. Need, Risk and Protection in Social Work Practice. Exeter: Learning Matters.

Howe, D., 2008 *The Emotionally Intelligent Social Worker* Palgrave Macmillan

Howe, D. 2012. *Empathy. What it is and why it matters.* Basingstoke. Palgrave

Jones, R (Current edition) Mental Health Act Manual   London Thomson/Sweet & Maxwell

Jones, R (Current edition)  Mental Capacity Act Manual   London  Thomson/Sweet & Maxwell

Keen, S, Brown, K, Parker, J,  Gray, I,  & Galpin, D  2016  Newly Qualified Social Workers: A practice guide to the Assessed and Supported Year in Employment (2nd Ed)  London, Learning Matters

Knott, C and Scragg, T   2013.  Reflective Practice in Social Work 3rd Ed  London, Learning Matter

Langan, J & Lindow, V 2004. Living with Risk: Mental Health Service User Involvement in Risk Assessment and Management. Bristol Policy Press.

Mandelstam, M. 2013. Safeguarding Vulnerable adults and the Law 2nd Edition. Jessica Kingsley

Matthews, S et al. 2014. Approved Mental Health Practice. Essential Themes for Students and Practitioners. Palgrave Macmillan

Mental Health Foundation. 2009.  Model Values: Race, values and models in mental health. October 2009. The University of Warwick.

Mind  2011 Listening to experience. An independent inquiry into acute and crisis mental healthcare.  London: Mind.

Ruch, G. Turney, D.and Ward, A.  2010 *Relationship-Based Social Work* JKP

Rutter, L. and Brown, K. 2015. Critical Thinking and Professional Judgment for Social Work. 4th Ed.  Exeter: Learning Matters

Rogers, A & Pilgrim, D,  2014 A Sociology of mental health and illness 5th Edition, Open university press

Sainsbury Centre for Mental Health 2006. The future of mental health: A vision for 2015. Policy paper. Available via SCMH website.

Sainsbury Centre for Mental Health. 2002.  Breaking the Circles of Fear: A review of the relationship between mental health services and African and Caribbean communities. Sainsbury Centre,

Social Exclusion Unit 2004.  Mental Health and Social exclusion. Office of the Deputy Prime Minister.

Taylor,  B  2010 . Professional Decision Making in Social Work , Exeter, Learning Matters

Tew, J et al. 2011, Social Factors and recovery from Mental Health Difficulties: A review of the Evidence. In British Journal of Social Work (2011) 1-18

Tew, J,  2011 Social approaches to mental distress, Palgrave Macmillan

Thornicroft, G 2006.  Shunned: Discrimination against people with mental illness. Oxford University Press.

Thompson, N. 2016.   Anti-Discriminatory Practice.  6th Ed.  Basingstoke:  Palgrave Macmillan

Titterton, M 2004. Risk and Risk taking in Health and Social Welfare. London. Jessica Kingsley.

Webber, M & Nathan, J (Eds) 2010.  Reflective Practice in Mental Health: Advanced psychosocial practice with children, adolescents and adults. London. Jessica Kingsley.

Williams, J 2004. Social Work, Liberty and the Law. In British Journal of Social Work (2004) 34, p 37-52.

| Unit number | | Version number | 1.1 | Date effective from | Sep 2019 |
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